

**Stearns Champions Park  
Adaptive Recreation In a  
Special Environment (A.R.I.S.E.)  
Middle School Challenge Class  
4520 East 23rd Street  
Long Beach, CA 90815  
(562) 570-1685**

**Saturdays  
9:30 am - 1 pm**

Our A.R.I.S.E. "Middle School Sports and Cultural Arts Challenge Class," is committed to providing a positive and productive recreational experience where youth can enjoy games sports, arts and crafts, special events, field trips in a safe and supervised environment. This class is designed to develop social skills, and/or increase skills in various sports and cultural arts activities in an adaptive environment.

In addition, the Adaptive A.R.I.S.E. Recreation Program provides information and referral services

### **Class Schedule**

**Saturday**

**Feb 4th, 11th, 18th, 25**

**9:30 - 10:15 AM: Indoor Activities**

**10:15 - 11:00 AM: Fitness and Outdoor  
Recreation**

**11- 11:30 AM Socialization Snack Break**

**11:30 AM - 12 PM Playground time/  
Free play**

**12 PM - 1PM: Craft/Indoor Recreational  
Activities**

**\* Schedule Subject to change**

**City of Long Beach Department of Parks, Recreation and Marine  
Community Recreation Services  
"Leading Youth Through Positive Play"**

## **Stearns Champions Park A.R.I.S.E. Program Middle School Sports and Cultural Arts Challenge Class**

# February 2017



Theme	Saturday
<b>SUPERBOWL</b>	4 Football passing Running back challenge Team Pedant Art
<b>Valentines</b>	11 Soccer Passing Kickball Valentines day card
<b>Fitness &amp; Fun</b>	18 Fitness Dice Floor Hockey Portrait Art
<b>Golfing on the Green</b>	25 Frisbee Golf Putting practice Abstract art

